



Curriculum Overview 2021-22: Physical Education

Year Group	Autumn Term	Spring Term	Summer Term	Useful information / websites
Year 7	Outwitting Opponents Activities Football, Basketball and Netball	Accurate Replications Activities Gymnastics, Dance and Health, Related Fitness	Performing at Maximum Levels Activities Rounder's, Cricket, Athletics, Softball	https://www.bbc.co.uk/sport
Year 8	Outwitting Opponents Activities Football, Basketball and Netball	Accurate Replications Activities Gymnastics, Dance and Health, Related Fitness	Performing at Maximum Levels Activities Rounder's, Cricket, Athletics, Softball	https://www.bbc.co.uk/sport
Year 9 Examination Course	Exam specification: Probationary Year (teaching combination of Physical Training based on AQA GCSE PE specification and OCR Sports Studies Contemporary Issues in Sport, students will also carry out a practical moderation following the format of the GCSE PE NEA - Students carry out a Probationary Exam at the end of the year to determine which pathway they will follow)			https://www.ocr.org.uk/qualifications/cambridge-nationals/ https://www.bbc.co.uk/bitesize/exam-specs/zp49cwx
Year 9 Core PE	Outwitting Opponents Activities Football, Basketball and Netball	Accurate Replications Activities Trampolining, Dance and Health, Related Fitness	Performing at Maximum Levels Activities Rounder's, Cricket, Athletics, Softball	https://www.bbc.co.uk/sport
Year 10 Examination Course	Exam specification: OCR Cambridge Nationals in Sports Studies			https://www.ocr.org.uk/qualifications/cambridge-nationals/
	Unit RO53 - Sports Leadership	Unit RO54 - Sport and the Media	Unit RO51 - Contemporary Issues in Sport (continued into 2 nd Year of Course) Unit RO52 - Developing Sports Skills (2 nd Year of Course)	
Year 10 Core PE	Option 1 (Teamwork and Participation) Students opt into an activity following the theme of the term stated above	Option 2 (Resilience and Determination) Students opt into an activity following the theme of the term stated above	Option 3 (Leadership and Communication) Students opt into an activity following the theme of the term stated above	https://www.bbc.co.uk/sport
Year 11 Examination Course 1	Exam specification: AQA GCSE PE			https://www.bbc.co.uk/bitesize/exam-specs/zp49cwx
	Coursework Completion Mock Practical Moderation Paper 1 - Revision & Exam Techniques	Paper 2 - Revision & Exam Techniques	Paper 1 & 2 - Final Revision & Exam Techniques	
Year 11 Examination Course 2	Exam Specification: Pearson BTEC First Award in Sport			https://www.bbc.co.uk/bitesize/exam-specs/zp49cwx
	Unit 1 - Fitness for Sport and Exercise	Unit 1 - Fitness for Sport and Exercise Exam Unit 5 - Fitness Training and Programming	Unit 5 - Fitness Training and Programming	
Year 11 Core PE	Option 1 (Teamwork and Participation) Students opt into an activity following the theme of the term stated above	Option 2 (Resilience and Determination) Students opt into an activity following the theme of the term stated above	Option 3 (Leadership and Communication) Students opt into an activity following the theme of the term stated above	https://www.bbc.co.uk/sport



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