



Aston Manor Academy

All different • All equal • All achieving

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HEADTEACHER: JILL SWEENEY



JSW/KK

Wednesday 20th December 2017

Dear Parents/Carers,

We are coming to the end of another busy year and I would just like to remind you of our end of term arrangements.

Thursday 21st December 2017	Year 11, Year 12 and Year 13 will finish for the Christmas Break
Friday 22nd December 2017	School closes at 12.00pm for the Christmas Break for Years 7-10
Monday 8th January 2018	School re-opens at 8.45am for all students.

Please can you take the time to look at the attached information from Pause. Pause is a service offered to under 25's who feel that they need someone to talk to. The media is full of news regarding increased mental health issues in young people and this service is helping to address this. Positive mental health, and student wellbeing is always our highest priority and early identification of issues can prevent issues getting worse. Please do report any concerns you have to Mrs Coleman at school.

Another concern we also have is regarding internet use and social media. Over the holidays, please be mindful of the information your child is accessing over the internet. It is always a good idea to keep laptops/computers downstairs where there is adult supervision and talk to your child about their online activity. It can be very difficult for students who are being bullied online to let someone know, as the signs are not always obvious. Please can you report any inappropriate online activity, whether that is bullying or inappropriate content to www.ceop.police.uk/safety-centre/. Please do check mobile phones and devices to monitor your child's online behaviour.

As we end this term I would just like to remind you that full attendance is vital for a child's success in school. We will not authorise holidays in term time and request that any holidays are taken outside of school time.

As I wish all our families a joyous and restful break, please can I remind you all to be safe over the holidays.

I look forward to seeing everyone back in the New Year, ready for a successful 2018!

Yours sincerely

Jill Sweeney
Headteacher



Are you under 25 and need someone to talk to?



We are **Pause** - Our friendly team are here for you to talk about life and real feelings.

We will be providing support at: **The Lighthouse Young People's Centre, 100 Alma Way, Aston, Birmingham, B19 2LN. Every Thursday from 3:30pm to 7:30pm.**

The venue can get a little busier after 6pm, so if you're looking for a quieter time to visit, before 6pm would be best.

No appointment needed - just drop in!



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Pause.

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