

# Year 11 Weekly Update

## W/B 30<sup>th</sup> March 2020



Click on the images above for direct access to the Firefly or the AMA Website

**Think Piece:** School may be closed and times may be uncertain, but one thing remains the same – the **POWER** of kindness and community. Just because you're not seeing friends everyday, it doesn't mean you shouldn't ask how they are. A simple WhatsApp or 'Snap' to check-in with your mates, could make a real difference. So be a top friend and reach out to your mates!

Kind & Courteous

As we all adapt to life now that school is closed, we need to make sure that we **understand how serious the situation is**. Hopefully this is a once in a lifetime experience - and you need to play your part by **staying at home!** Do some coursework, keep in touch with your teachers – even sit on your couch and binge watch Netflix!

This will help our **NHS** look after the people who need it most!



**Wellbeing:** The gyms are **closed** and we can't go out - but that doesn't mean you can't look after yourselves:

1. Limit the screen time 2. Limit the amount of news that you watch

3. Do **Joe Wick's** free daily PE Lesson:

<https://www.thebodycoach.com/blog/pe-with-joe-1254.html>



**Staying in touch:**

If you have any concerns, questions or need advice:

[jforbes@astonmanoracademy.com](mailto:jforbes@astonmanoracademy.com)

[jbartley@astonmanoracademy.com](mailto:jbartley@astonmanoracademy.com)

# Year 11 Weekly Update



Click on the images above for direct access to the Firefly or the AMA Website

## What should I be doing now?

**Exams:** *No new information on these at the moment. We will keep you posted!*

Visit the **school website** for an update on exams from our **Headteacher Mrs Sweeney**

**- We are expecting some more guidance this week, so keep checking the website and school emails**



<https://thebrilliantclub.org/the-brilliant-club-for-pupils/info-for-pupils/>



The **Brilliant Club** is an award-winning charity that exists to increase the number of pupils from underrepresented backgrounds progressing to highly-selective universities. They do this by mobilising the PhD community to share its academic expertise with state schools.



You should still be revising for **English Language and maths**. Colleges may ask you to sit an entrance exam in these subjects – to verify your grades. Don't lose what you already know! Check **Firefly** for Yr 11 resources.

Please respond to the **email** from your form tutor every day. Make it part of your **daily routine** – we want to know you are safe and well. It also allows you to ask questions or seek guidance from your form tutor.



# Last Week's Boredom Buster Answers...

## How did you do?



**"expeditious"**  
done with speed and efficiency

**Country:** Brazil  
**Capital:** Brasilia



**"Life shrinks or expands in proportion to one's courage"**  
Anaïs Nin - Essayist

**Can you give me their telephone number?**  
Can you give me **their** telephone number?

**Cn**  
Copernicium

**102 + 70 + 167**  
**339**

Clue: An exact copy or reproduction  
**eimcsfali**  
Facsimile

**Three men were in a boat. It capsized, but only two got their hair wet. Why?**  
One was bald...



**Grab your green pens!**  
This isn't a holiday...



# Social Distancing?

Here are some boredom busting challenges... *answers revealed next week*



**Word of the week** - What does it mean? Work it into a sentence...

**"sanguine"**

**Where in the world?** Name the country and the capital?



**Famous Quote** – Who said it?

**"Life is about making an impact, not making an income."**

**Grammar time**

What is wrong with the following sentence?

**Don't forget to brush you're teeth before you go to bed.**

**Name the element...**

**Ne**

**Mental Maths**

**135 + 157 + 199**

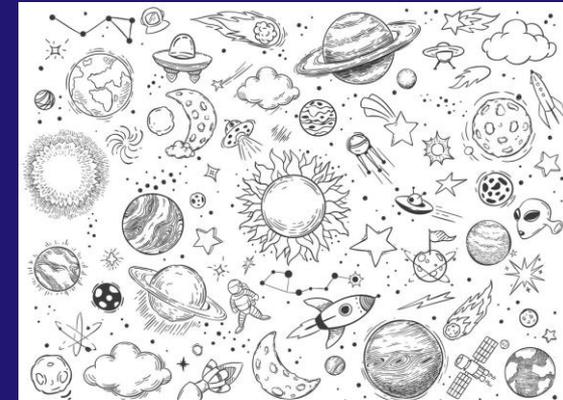
**Word Scramble** – Clue:  
Bottomless Gulf

**ybass**

**Brainteaser:**

**In a one storey house the floor is blue and the walls and ceiling are white. What colour are the stairs?**

**Why not try the 30 day doodle challenge?**



**Access some free template ideas below...**



**<https://homeschoolon.com/doodle-challenge/>**