

Year 11 Weekly Update

W/B – Monday 8th June 2020



Click on the images above for direct access to the Firefly or the AMA Website

Think Piece: Staying the course!

Over the last week we saw the relaxation of some of the **lockdown rules**, alongside some fantastic weather. This meant we had chance to catch-up with some **friends and loved ones outside**. As nice as this opportunity was, we do still need to remember that **Covid-19 is still a risk!**

As life starts to look a bit more normal in the coming weeks remember the following to keep you and your families safe:

1. Do not **visit other households if you are unable to meet in a garden/ outdoor area**
2. **Avoid public transport where possible**, if you do use these face masks are expected
3. Basic hygiene is key – **wash your hands, cough or sneeze into a tissue – then BIN IT!**
4. If you or your household show any symptoms **you must self-isolate and everyone can now get a test from NHS online!**

We have all worked so hard in the face of these challenges, let's not undo all that hard work now!



School Return Plans

All **Year 10 and Year 12 students** will receive a phone-call this week from school **to discuss our plans for the re-opening of AMA**.

Year 11 students will not be coming back in to school, but will soon be contacted by school regarding Results' Day and Sixth Form transition.

Issues, concerns or questions?

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Key Information

Stay Informed – Stay Ambitious



Looking for a Positive Role Model? Have a look at this site – there is a different speaker each week.

If you can speak, you can sing! Join Vocal Coach to the stars, CeCe Sammy and Singer/Songwriter Asher Knight to discuss how music has helped people overcome barriers and learn some singing techniques to help you focus too! Click the link below:

[VTALK Schedule](#)

If you haven't yet sorted your college place for Sept and you can't decide about the course or College you wish to apply to it may help to speak to our school Careers Advisor, Raj Dhanda - many of you will have had a interview with her while we were at school. She can now offer advice and guidance on the telephone. You can discuss courses, college locations, apprenticeships and future careers with her. If you are interested in having a call with her please email Mrs Hughes who will organise a time and date for the call (ehughes@astonmanoracademy.com)

www.bmet.ac.uk



Pause.

ForwardThinking
Birmingham



Need someone to talk to?
Struggling to cope with feelings?
We're here for you.

We are operating a telephone-based service while Pause in Digbeth is closed. Drop us an email on askbeam@childrenssociety.org.uk in the first instance.

Or call [0207 841 4470](tel:02078414470) and we will arrange for one of our friendly staff to call you back but email is much quicker.

Who can use us?

You can use us if you have a Birmingham GP and are:

- Under 25 years old (If you are under 14 you will need to have a parent / caregiver with you when we call to give consent).
- Or if you are a parent / caregiver looking for support for their child who is under 25 years old.

How can we help?

We can offer:

- Self-help strategies, skills for managing difficult situations and feelings.
- A non-judgemental listening ear.
- Details for other organisations that might also be able to help you.
- Each call lasts around 20-30 minutes which focuses on ways forward.

Our Opening Hours:

Email or Call Us - 10am - 6pm, 7 days a week





Last Week's Boredom Buster Answers...

How did you do?

Curtail (Verb)

reduce in extent or quantity; impose a restriction on.

Country: Comoros
Capital: Moroni



They're a massive producer of perfume...



"All things are difficult before they are easy.."

Thomas Fuller (English Historian)

What is wrong with the following sentence?

There are too many cars on the road today.

Any better than last week?

Th

Thorium

$$220 \div 11 + 26$$

46

Grab your green pens!
This isn't a holiday...

A state of suspension or temporary inaction.

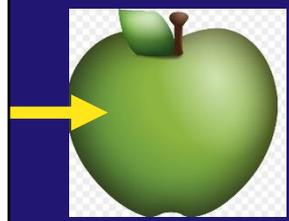
Enbceaay

Abeyance

Brainteaser

If you take 2 apples from 3 apples, what do you have?

2 – You've taken them!!!



Social Distancing?

Here are some boredom busting challenges... *answers revealed next week* 😊



Word of the week – What does it mean? Work it into a sentence...
jargon (noun)

Where in the world? Name the country and the capital?



Famous Quote – Who said it? **“Life is what happens to you while you're busy making other plans.”**

Grammar time

What is wrong with the following sentence?

I'm going to have too talk to her about her conduct.

Name the element...

Rh

Mental Maths

$$80 \div 10 + 10$$

Word Scramble – Clue:

That to which general interest or attention is paid

creuynso

Brainteaser

What can you fill a room with that takes up no space?



Future Learn have 50 free things to do in lockdown, that can also improve your skills. **Click the image above and give it a try!!!**