

Lunch @ Aston Manor



Week 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAINS

Braised Chicken Sausages with Yorkshire Pudding

Italian Chicken Meatballs with Pasta & Garlic Bread

Caribbean Chicken Curry

Lamb & Vegetable Pie

Traditional Fish & Chips with Tartare Sauce

MAINS VEGGIE

The Veggie Burrito

Vegetable & Five Bean Chilli with Steamed Rice & Homemade Tortilla Chips

Quorn Cottage Pie

Spicy Quorn Sausage & Pasta Bake with Garlic Bread

Vegetable Samosa with Savoury Rice & Curry Sauce

SIDES

Herby Diced Potatoes
Green Beans
Fresh Carrots

Steamed Rice
Garden Peas
Sweetcorn
Garlic Bread

Cabbage Mix
Roasted potatoes
Rice & Peas

Fresh Carrots
Broccoli
New Potatoes
Garlic Bread

Chipped Potatoes
Savoury Rice
Garden Peas
Baked Beans

GRAB N GO

Love Joes Wraps
Mac & Cheese Tub

Southern Fried Chicken Burger
Totally Greek Burger

Chicken Gyro
Vegan Balls
Pasta Tub

Fish Finger Flatbread with Lemon Mayo
Vegan Buttermilk Style Burger

The Burger Bun
Argy Bhaji Burger

DESSERT

Chocolate Brownie
Fruit Pot

Vanilla Shortbread with Strawberry Custard or Fruit Pot

Fruity Flapjack
Fruit Pot

Chocolate Crunch with Custard or Fruit Pot

Jam Doughnuts
Fruit Pot

Meal Deal
Any plated mains/veggie/jacket potato & dessert of the day or fruit pot
£2.30

DAILY LIGHT BITE
Pasta Pots,
Salad Boxes,
Jacket Potato
with Various Fillings

SANDWICH BAR
assorted sandwiches,
baguettes and wraps
available daily