

# Lunch @ Aston Manor



**Week 2**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**MAINS**

Shepherd's Pie

Beef Lasagne  
with Garlic Bread

Jerk Chicken  
with Rice & Peas

Chilli Con Carne  
with Rice &  
Homemade Tortilla  
Chips

Salmon Fish Cakes

**MAINS**  
**VEGGIE**

Quorn Sausages with  
Yorkshire Pudding

Quorn Biryani  
with Curry Sauce

Cheese & Sweet  
Potato Pie

Roasted Vegetable  
Lasagne

Flatbread  
Margherita Pizza

**SIDES**

Roast Potatoes  
Fresh Carrots  
Garden Peas

Garden Peas  
Green Beans  
Garlic Bread

Cabbage Mix  
Baked Beans  
Rice & Peas

Herby Diced  
Potatoes  
Rice  
Sweetcorn  
Broccoli

Chipped Potatoes  
Garden Peas  
Baked Beans

**GRAB N GO**

Love Joes Wraps

Fish Finger  
Flatbread with  
Lemon Mayo

The Burger Bun

Chicken Gyro

Southern Fried  
Chicken Burger

The BBG

Cauliflower &  
Broccoli Cheese Tub

Argy Bhaji Burger

Totally Greek Burger

Falafal Burger

**DESSERT**

Iced Flapjack

Apple Crumble  
with Custard  
or Fruit Pot

Vanilla Muffin Slice

Chocolate Sponge  
with Custard  
or Fruit Pot

Chocolate Crispy  
Cake  
or Fruit Pot

*Meal Deal*

Any plated mains/veggie/  
jacket potato & dessert of  
the day or fruit pot

£2.30

**DAILY LIGHT BITE**

Pasta Pots,  
Salad Boxes,  
Jacket Potato  
with Various Fillings

**SANDWICH  
BAR**

assorted sandwiches,  
baguettes and wraps  
available daily